

# BARWELL TRACK OUT X-PRESS PROGRAM – TRACK 1

## WEEK OF December 7<sup>th</sup> – 11<sup>th</sup> 2015



### Monday, December 7, 2015: Ginger Bread House Food Experience

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 2:30	2:30 – 3:00	3:00 – 4:00	4:00-6:30
Group 1	Choice Play	Gator Ball	Art Project: Design a Ginger Bread Man	Outside/ Courtyard	Lunch and Down Time	Food Experience: Ginger Bread Houses	Kids Pick Gym	Computer Activities	Choice Play
Group 2	Choice Play	Outside/ Playground		Gator Ball	Lunch and Down Time			Board & Card Games	Choice Play

### Tuesday, December 8, 2015: Field Trip to the Museum!

	7:00-9:00	9:00-9:30	9:30-10:00	10:00-11:00	11:00 – 12:00	12:00-3:00	3:00 – 4:00	4:00-6:30
Group 1	Choice Play	Board & Card Games	Sidewalk Chalk	Matball	Lunch and Down Time	Natural Science Museum 12:30-2:30  Pickup @ 12:00pm Return @ 3:00pm	Computer Activities	Choice Play
Group 2	Choice Play	Sidewalk Chalk	Board & Card Games		Lunch and Down Time		Board & Card Games	Choice Play

### Wednesday, December 9, 2015:

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 2:00	2:00 – 2:30	2:30 – 3:30	3:30 – 4:00	4:00-6:30
Group 1	Choice Play	Borax Crystals Science Project	Capture the Flag	Dice Bingo	Lunch and Down Time	Sideline Soccer	Freeze Dance	Name 6	Emotional Relay	Choice Play
Group 2	Choice Play		Computer Activities	Crocodile Island	Lunch and Down Time	Freeze Dance	Sideline Soccer			Choice Play

### Thursday, December 10, 2015: Bowling Field Trip!

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 4:00	4:00-6:30
Group 1	Choice Play	Board & Card Games	S.O.S	If the Shoe Fits	Lunch and Down Time	Buffaloe Lanes North 2:00 – 3:30  Pickup @ 1:30pm Return @ 4:00pm	Choice Play
Group 2	Choice Play	S.O.S	Board & Card Games		Lunch and Down Time		Choice Play

### Friday, December 11, 2015: Let it Snow!

	7:00-9:00	9:00 – 10:30	10:30 – 12:00	12:00 – 1:30	1:30 – 2:30	2:30 – 3:30	3:30 – 4:00	4:00-6:30
Group 1	Choice Play	Art Project: Let it Snow! Winter Wonderland Snowy Scenes	Captain Midnight	Lunch and Down Time	Basketball Clinic	Computer Activities	Uno Tournament	Choice Play
Group 2	Choice Play		Ball Around the World	Lunch and Down Time		Uno Tournament	Computer Activities	Choice Play



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# BARWELL TRACK OUT X-PRESS PROGRAM – TRACK 1

## WEEK OF December 14<sup>th</sup> – 18<sup>th</sup> 2015



### Monday, December 14, 2015:

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 4:00	4:00-6:30
Group 1	Choice Play	Torpedo	Computer Activities	Nature Walk	Lunch and Down Time	Electronic Day	Choice Play
Group 2	Choice Play	Computer Activities	Torpedo		Lunch and Down Time		Choice Play

### Tuesday, December 15, 2015: Field Trip to Marbles Museum!

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	12:00 – 3:00	3:00 – 4:00	4:00-6:30
Group 1	Choice Play	Outside/ Playground	Reindeer Bingo	Lacrosse Clinic	Lunch and Down Time	<b>Marbles Museum</b> 12:30 – 2:30  Pick up @ 12:00pm Return @ 3:00pm	Computer Activities	Choice Play
Group 2	Choice Play	Lacrosse Clinic		Outside/ Courtyard	Lunch and Down Time			Choice Play

### Wednesday, December 16, 2015: Movie Day!

	7:00-9:00	9:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 2:00	2:00 – 4:00	4:00-6:30
Group 1	Choice Play	Art Project: Winter Birds	Capture the Flag Staff vs Kids	Lunch and Down Time	Counselor's Choice	Movie: The Grinch Rated PG	Choice Play
Group 2	Choice Play			Lunch and Down Time			Choice Play

### Thursday, December 17, 2015: Pump It Up Field Trip!

	7:00-9:00	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:30	1:30 – 3:30	4:00-6:30
Group 1	Choice Play	Board & Card Games	Free Drawing	Kids Pick Gym	Lunch and Down Time	<b>Pump It Up</b> 2:00 – 3:00  Pickup @ 1:30pm Return @ 3:30pm	Choice Play
Group 2	Choice Play	Board & Card Games	Free Drawing	Kids Pick Gym	Lunch and Down Time		Choice Play

### Friday, December 18, 2015: Seasons Greetings!

	7:00-9:00	9:00 – 4:00	4:00-6:30
Group 1	Choice Play	<b>Barwell Road Winter Celebration</b>	Choice Play
Group 2	Choice Play		Choice Play



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# Barwell Road Track Out

## Track 1 - Week 1



## Field Trip Information!

### Natural Science Museum

11 West Jones Street, Raleigh, NC 27601

919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

### Buffaloe Lanes

5900 Oak Forest Drive, Raleigh, NC 27616

919-876-5681

Campers will get to try out their bowling skills! PLEASE WEAR SOCKS. Shoes are included in the price!

## Reminders

### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\*

# Barwell Road Track Out

## Track 1 - Week 2



## Field Trip Information!

### Marbles Museum

201 E Hargett Street, Raleigh, NC 27601

919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play.

### Pump It Up

10700 Suite 112 World Trade Boulevard, Raleigh, NC 27617

919-828-3344

Campers will have unlimited access to the many inflatables at Pump it up. Please wear socks!

**This trip will require a waiver to be signed by each child's parent/guardian.**

## Reminders

### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign field trip waiver

**\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\***